

Converting 300 grams to cups - baking, and cooking

Here in the article below we have mentioned the conversion of [300 grams to cups](#). For all the ingredients used in the kitchen. Have a look at the same.

Converting grams to cups of all types of all purpose flour:

- All-purpose flour is equal to 2.4 cups
- 00 flour is equal to 2.36 cups
- Almond flour is equal to 3.13 cups
- Bread flour is equal to 2.36 cups
- Buckwheat flour is equal to 2.5 cups
- Cake flour is equal to 3 cups
- Chestnut flour is equal to 3.33 cups
- Coconut flour is equal to 2.68 cups
- Cornflour is equal to 2 cups
- Gluten-free flour is equal to 2.46 cups
- Pastry flour is equal to 2.78 cups
- Rye flour is equal to 2.94 cups
- Self-rising flour is equal to 2.4 cups
- Semolina flour is equal to 1.8 cups
- Tapioca flour is equal to 2.46 cups
- Whole wheat flour is equal to 2.31 cups

Converting 300 grams to cups of sugar:

- Brown sugar is equal to 1.5 cups
- Caster sugar is equal to 1.33 cups
- Granulated sugar is equal to 1.5 cups
- Icing sugar is equal to 2.4 cups
- Powdered sugar is equal to 2.4 cups

Converting 300 grams to cups of sweeteners:

- Golden syrup is equal to 0.9 cups
- Honey is equal to 0.88 cups
- Light corn syrup is equal to 0.93 cups
- Maple syrup is equal to 0.95 cups
- Molasses is equal to 0.87 cups
- Treacle syrup is equal to 0.91 cups

Converting 300 grams to cups of fats:

- Avocado oil is equal to 1.4 cups

- Butter is equal to 1.32 cups
- Coconut oil is equal to 1.39 cups
- Ghee is equal to 1.36 cups
- Grapeseed oil is equal to 1.4 cups
- Macadamia oil is equal to 1.4 cups
- Margarine is equal to 1.38 cups
- Sesame oil is equal to 1.38 cups
- Sunflower oil is equal to 1.37 cups
- Peanut oil is equal to 1.35 cups
- Peanut butter, creamy is equal to 1.16 cups
- Vegetable oil is equal to 1.34 cups
- Vegetable shortening is equal to 1.57 cups
- Virgin olive oil is equal to 1.37 cups

Converting grams to cups of liquid:

- Buttermilk is equal to 1.22 cups
- Condensed milk, which is sweetened is equal to 0.98 cups
- Goat milk is equal to 1.23 cups
- Heavy cream is equal to 1.3 cups
- Water is equal to 1.27 cups
- Whipping cream is equal to 1.26 cups
- Whole milk is equal to 1.24 cups

Converting 300 grams to cups of nuts and seeds:

- Almonds as a whole is equal to 2.1 cups
- Brazil nuts, whole is equal to 2.26 cups
- Cashew nuts, whole is equal to 2.1 cups
- Chia seeds is equal to 1.84 cups
- Coconut, which are shredded is equal to 3.23 cups
- Flax seeds, whole is equal to 1.79 cups
- Hazelnuts, whole is equal to 2.17 cups
- Hazelnut meal is equal to 2.6 cups
- Macadamia nuts, whole is equal to 2.24 cups
- Peanuts is equal to 1.37 cups
- Pecans, whole is equal to 3.03 cups
- Pecans chopped is equal to 2.75 cups
- Pistachios, whole is equal to 2.44 cups
- Poppy seeds is equal to 2.13 cups
- Walnuts, whole is equal to 2.78 cups
- Walnuts chopped is equal to 2.56 cups